

Skate LaSalle Operations Guide- StarSkate

Version 1.3

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Number of Skaters on the Ice:

Number of skaters on the ice by session shall not exceed the following capacity for skater safety.

- Juniors – 25
- Intermediates – 25
- Seniors – 20
- Juniors and Seniors cannot be on the same ice together. *

*Exception: during summer if volumes are less than 20 skaters for skills lesson only.

Levels by Session:

Levels by session are outlined below to ensure skater safety.

- Juniors – Canskate 5, Canskate 6, Star 1 and Star 2
- Intermediates – Star 2, Star 3, Star 4, Star 5
- Seniors – Star 5 and up.
- **Qualified Skaters:**
 - Juniors move to Intermediates – all Star 1 plus any 2 Star 2 levels completed (Dutch Waltz, Canasta Tango, skills, elements, program)
 - Intermediates: at least 2 Star 2 levels – Star 5
 - Intermediates move to Seniors – Star 1-Star 4, 3 complete Star 5 (freeskate-elements & program, skills, dance, artistic) and one of star six (freeskate - elements & program, skills, all dances)
 - *High school age skaters on intermediates must pass any 2 complete Star 5 to move to the senior session with board approval.
- Session levels may be adjusted from time to time at the discretion of the Board of Directors to maintain safe, balanced sessions.

Switching Sessions:

- Switching can only occur once registration is complete as determined by the coach and board approval.
- Cannot be used for a coach to balance their skaters across sessions.
- Skaters could move up on low volume sessions – for example from a Junior to an Intermediate pending on skill level to a max of 80% skaters on the ice. Registration will notify coaches of low volume sessions.
- Week to week switching is not permitted once registration is complete.
- Switching must be for one day consistently for the season.
- Switching is reviewed and approved at the beginning of every session – Fall, Winter and Spring.

- Speak to your coach to submit a request to switch sessions.

Guest Skating:

- All skaters must guest skate on their current level session. i.e., Junior on a Junior session, Intermediate on an Intermediate session and a Senior on a Senior session.
- Skate LaSalle Skaters can guest skate in their current level session on a day they are not registered.
- Guest skaters are allowed up to 25 total skaters for Junior and Intermediate sessions and 20 total skaters for Senior sessions.
- Non-Skate LaSalle guest skaters must share current star level from coach or test to determine session to skate on.
- Intermediate and Senior skaters can guest skate without parent. If skater does not have a coach on the session, an emergency contact needs to be provided to the club.
- Guest skate fees are \$20 for club members and \$30 for non-club members.

Refunds:

- **SkarSkate:** No refunds will be given after the first week of skating.
- **Medical Refund:** a request must be submitted to skatelasalle@gmail.com within 30 days of injury or 4 weeks of missed ice time due to illness detailing the refund request along with a doctor's note. The amount of refund if any, shall be at the discretion of the Board. An administration fee will apply.

Clothing:

- Skaters should wear clothing that allows for safe movement on ice.
- StarSkaters should not wear hooded jackets or blue jeans.
- Avoid wearing anything which could fall on the ice such as scarves, hairpins, loose headbands.
- Long hair must be tied back.

Skates:

- Figure Skates are required.

Parents and Guests:

- Parents and guests are not allowed on the player side of the ice.
- Please stay in the stands or in the lobby area.
- Parents are not allowed on the ice surface. The club does not have insurance coverage for parents.
- If you need to speak to your child, get the attention of a coach or program assistant and they will get your skater.
- If you must speak with your skater's coach, try to meet with them between sessions so as not to distract from another skater who is receiving a lesson.

Dressing Rooms:

- Skaters can make use of the dressing rooms.
- Assigned dressing room numbers will be listed on the television screen in the lobby area.
- Dressing rooms must be kept neat and clean.

Doors:

- Skaters are not to enter the ice when the Zamboni doors are open.
- Please wait until the doors are closed before stepping onto the ice.
- All other access doors to the ice surface must remain closed for the safety of the skaters and spectators.
- If you take your child off the ice for any reason, please ensure you close the doors immediately.

Missed Sessions:

- Club skaters are to skate on the session that they are registered for.
- Skaters may not make up missed time on other sessions.
- If you wish to skate on a session for which you are not registered, you must follow the guest skate guideline.
- There are no refunds or make up days for missed sessions or ice cancellations due to weather or other circumstances out of the club's control.

Ice Etiquette:

Ice Etiquette is the art of sharing the ice. This practice allows skaters to get the maximum benefit from their time on the ice with the least interference and frustration for all.

- No food, gum, candy, or beverages of any kind is to be consumed on the ice by skaters. Water in plastic bottle may be kept and consumed at the boards. Coaches must keep their beverages behind the boards.
- All items (jackets, mitts, bags, etc.) must be removed from the boards before every flood.
- If a skater falls on the ice, they should get up as quickly as possible. If a skater is injured, they are to stay there until a qualified person (usually a coach) attends to them. Lying on the ice for any reason other than injury creates a serious safety hazard and will not be tolerated.
- Displays of anger, foul language or intimidation will not be tolerated on the ice or arena property. Repeated violations of this rule will be referred to the Disciplinary Committee.
- Use of private music equipment, such as headphones/phones are not permitted on the ice for safety purposes.
- All skaters on the ice must participate in the group lessons (Juniors, stroking, etc.). Coaches may take a skater out of the group lesson for a private lesson, Group lessons take precedence for right of way and music.
- When a new piece of music starts, all persons on the ice should make themselves aware whose music is playing and make a practice of staying out of their path.

- Be aware of who is receiving a lesson and steer clear.
- Skaters just stroking should make way for those who are obviously preparing to jump, spin, or are performing a segment of their program.
- Standing and talking by the boards or at any spot on the ice is not acceptable.
- Skaters approaching each other from opposite directions should alter their paths slightly so that each knows where the other is going. Done properly, no one must slow down or lose time restarting a jump set up.
- All skaters should keep their heads up and be aware of the skaters around them. This should prevent skaters from interfering with others about to perform a jump or field move.
- All those on the ice should avoid in the “Lutz” corners. This is the longest jump to set up, and the skater cannot look behind them immediately before the jump.
- Do not skate close to spins. It is unfair to expect a person performing a spin to avoid a collision. The person who skates too close might be surprised by the spinning person choosing that moment to exit their spin, causing a collision or contact with the skate blade.
- Coaches should be aware of other lessons on the ice and try not to interfere with each other’s lessons.
- Coaches wishing to have discussion with their skaters should do so off the ice.
- The Right of Way is:
 - Skater skating to his or her music (freeskate, dance or skill)
 - Skater on a lesson
 - Everyone else

NOTE:

Serious violations of these published guidelines will be dealt with by the Club’s Disciplinary Committee as per the Club’s Disciplinary Policies and Procedures. The document is mandated by Skate Canada and can be obtained upon request.